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MONTHLY NEWSLETTER

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VISION

“A literate, healthy and self-reliant Community”

MISSION

- *Identify and work with socially and economically backward people, especially girls and differently-abled;
- *Enhance people's skills, especially of the youth;
- *Promote community self-reliance through community participation.

ABOUT NIPUN

“NIPUN” - a Hindi word, meaning ‘one who is skilled’ - is a Non Government Organization founded by a group of socially conscious development workers in 2005.

Its primary aim is to enhance quality of life of the poor and the vulnerable children, youth and women are its target group, with physically and mentally challenged children and adult forming a priority category. Pre, Non-formal and Remedial Schools, Community Health Programmes and Promotion of Self Help Groups form its major strategies.

- Empanelled by National CSR Hubs of TISS
- Empanelled by Institute of Corporate Affairs
- Registered for undertaking CSR activities, Ministry of Corporate Affairs, Govt. of India (Reg no. CSR00004761)

Support:

You can join our efforts by contributing your time, skills or money for strengthening and improving our programmes. You can also donate computers, books, toys, medicines, ration, furniture etc. for our various programmes.

Please note that donations made to NIPUN are eligible for 50% tax exemption under Sec 80G of the IT Act.

INTERNATIONAL WOMEN'S DAY 2022



Khel Kud Utsav - Break The Bias

Women's Day is celebrated every year around the world on March 8. On the occasion of Women's Day, female construction workers of the Construction sites at NOIDA & Greater NOIDA where NIPUN is running Day Care Centers for their child's safety, care and overall development organised an event - Khel Kud Utsav.

Female Construction Workers participated with full energy, zeal and enthusiasm in various sports activities like Lemon Spoon Race, 50 meter Flat race, Matka Race and Tug of War etc. The main attraction of the event was Tug of War and Matka race. All the winners were awarded. Overall, all the women participants enjoyed a lot.



Empowering Women through Legal Literacy

Delhi State Legal Services Authority, West District organised a Legal Awareness Programme at Bengali Camp Slum community, West Delhi for women on the occasion of Women's Day 2022. Ms. Neetu Sindhi, Advocate, Delhi State Legal services Authority, West District addressed the women participants on the topic: POCSO Act, 2012. Apart from above, the Advocate also facilitated a session on Domestic Violence and its punishments in Indian Constitution.

Around 45 women attended the programme. Refreshments were distributed to the participants on the culmination of the programme.

We are extremely grateful to Delhi State Legal Services Authority, West District for the regular support and empowering the Women.



Celebration of Mahila Sashaktikaran 2022

On the occasion of International Women's Day 2022, NIPUN organised a Celebration of Mahila Shashaktikarn facilitation programme at Basti Vikas Kendra, J J Clusters, Meera Bagh , West District, New Delhi.

Programme was inaugurated by a group of women singing "Itni Shakti Hame Dena Daata, Mann Ka Vishwas Kamzor Ho Na....."

Ms.Ekta, Project Coordinator deliver a welcome note and presented an achievement reports on Empowering Women project and their valuable contribution during the COVID-19 period, especially on children's education and community awareness on various issues related to Empowering Girl Child.

The main highlights of the programme was presentation of success stories on Education, Vocational Training, Livelihoods and Economic Empowerment of Women by the participants. During the celebration, women's group performed colourful traditional and regional cultural programmes in Bengali, Bhojpuri, Rajsthani and Hariyanvi.

Smt. Rita Sharma, Counselor, Mobile Helpline, DCW provided detailed information on 181 services and women safety tips of Delhi Govt. She also discussed Prevention of Domestic Violence. On the occasion, award and appreciation certificates were handed over to the empowered women and volunteers for their valuable contributions for the upliftment of the underprivileged society.

Celebration ended with a positive note "Women are the real architect of the Society" followed by refreshments distribution and National Anthem.

'State Level Consultation

Neenv', Delhi FORCES - Forum for Creches & Child Care Services organised a State Level Consultation on issues related to women & young child care, protection and education in the urban slums of the capital city of Delhi on 4th March 2022 at Constitution Club of India, Rafi Marg, Delhi. NIPUN being a member of Neenv- FORCES exhibited/demonstrated Mobile Creches model during the consultation.



The Chief Guest, Hon'ble Shri Rajendra Pal Gautam, Cabinet Minister, Delhi Cabinet Minister -Women & Child Development, GNCTD visited the stall and was apprised about Creches objectives and its services for birth to 06 years old children residing at construction sites and slums. Ms. Braj Bala and Rinku Dabas, Day Care Workers of NIPUN explained about services including education, supplementary nutrition, healthcare and primary immunisation, growth monitoring and special diet for malnourished children available at day care centres. During the visit, the Hon'ble Minister appreciated Mobile Creches and NIPUN's collaborative efforts on the issues related to young children.



World TB Day Observed with Pledge for its Eradication

NIPUN Team and Volunteers signed a pledge with the Ministry of Health and Family Welfare GoI #TBMuktBharat to make their village, Community district, State and country TB mukt. According to the Times of India news article dated 25th March 2022: "India saw a sharp 19% rise in tuberculosis cases in 2021 over the previous year, even as 64% of the surveyed symptomatic population did not seek healthcare services between 2019 and 2021, the India TB report 2022 and National TB Prevalence Survey shows. Over 19.3 lakh new and relapsed TB patients were notified in 2021 against 16.3 lakh in 2020, the TB report 2022 released by health minister Shri. Mansukh Mandaviya. Deaths from TB increased to 4.93 lakh. The mortality rate due to all forms of TB between 2019 and 2020 rose by 11%. NIPUN is regularly organising sensitisation programmes with the community of High Risk Groups (HRGs) on TB in various slum clusters of Delhi NCR.



"Water is Life"- जल बचाएं, कल बचाएं

World Water Day is observed every year on March 22 to educate the importance of water to the whole world. The theme for World Water Day 2022 is 'Groundwater, making the invisible visible'. NIPUN team across its all project locations in Delhi NCR organised various activities like; rally, wall painting, slogan writing, discussion and debate with children, youth, women, construction workers on the theme: JAL BACHAYE, KAL BACHAYE (Save Water, Save Life), safe drinking water & sanitation, and Hygiene issues. In the slums and construction sites, children and women organised rallies along with colorful handmade posters, slogan shouting and moved around street and lane with banners disseminating the message "जल बचाएं, कल बचाएं" etc. Before concluding the event, all the participants signed a pledged for Save Water and Water is precious for Life.



Empowering Women through Awareness

NIPUN organised an awareness session on Menstruation Health & Hygiene in collaboration with Group of Friends Welfare Trust at MCD School, Haidarpur, North Delhi. The main objective of the session was to change the mindset of women taking menstruation as a topic of shame and silence, than to understand and accept it as a very important aspect of their lives.

Through the session, NIPUN tried to empower the women to accept and cherish their periods as an important and beautiful part of womanhood.

Ms. Aditi Bhardwaj, Resource Person from GoFWT conducted sessions on various issues related to menstruation and about hygiene management during menstruation with healthy menstrual tips. The focus of the session was "Breaking Silence and Bringing Change". Free sanitary napkins over distributed over to 60 women.

During the awareness programme, myths and doubts were clarified by the Resource Person, improving awareness and knowledge level amongst the participants after the awareness session.

Thanks to GoFWT for its regular valuable support for empowering the women from the underprivileged society.

Bachcho Ke Sehat Ki Chhoti - Chhoti Baatein

NIPUN organised a health check up cum growth monitoring camp for the construction workers and their children at the construction sites located in Noida & Greater Noida where NIPUN runs Day Care Centres for the children in the age group from birth to 12 years.

Growth of the child were also monitored as per their age. During the growth monitoring, measurement of child's weight, height, head circumstanes and immunisation etc. were also noted. 160 children registered in the Health Checkup cum routine growth monitoring camp and were thoroughly examined by Dr. Kalyani Mishra.

Prescribed medicine were also provided to 43 parents who were sick. The doctor also recommended a special diet to 17 malnourished children.

Apart from the above individual counselling sessions were also conducted with parents regarding child care, health and hygiene and Bachcho ke Sehat Ki Chhoti-Chhoti Baatein.



Azadi Ke Amrit Kaal Ki Shubh Vela Kalakaro - Shilpkaron Ka Mela 2022

The Centre for Cultural Resources & Training (CCRT), Gol is one of the premier Institutions working in the field of linking education with culture. CCRT believes in the fundamental value of enabling all children, young people and the community at large to experience and access a diverse activities.

NIPUN participated in an Art Exhibition "Contribution of Women in India's Development" which was inaugurated by Shri Arjun Ram Meghwal, Hon'ble Minister of State for Culture & Parliamentary Affairs and organized by CCRT.

The long association of NIPUN with CCRT enabled us to participate in the prestigious program - *Azadi Ke Amrit Kaal Ki Shubh Vela Kalakaro -Shilpkaron Ka Mela 2022*.

CCRT invited our children and youth on this auspicious occasion to visit the Mela on 25th- 27th March 2022 wherein 250 children and trainees of NIPUN - Vocational Training Centre exhibited stalls on Indian traditional handicrafts products items and clarified queries from each artisans. They also had a handful experience and learnt more about clay work, Madhubani, Warli art, jute bags, and puppet making skills during the event. Apart from above, colorful Cultural programmes were also performed by the kalakars. We are grateful to CCRT for our long lasting relation of more than 1.5 decades.







Empower the Girl Child, Empower the Nation.....
 NIPUN - Empowering Girl Child Project organised a *"Beti Bachao, Beti Padhao"* campaign at JJ Clusters of West Delhi by the trainees of UMANG-NIPUN Vocational Education Centre on 30th March 2022.
 The main purpose of the campaign was to educate the community and empower Girl children who are left behind due to lack of awareness.
 During the campaign, conducted door to door counseling cum motivational sessions to mainstream the drop outs, provide equal opportunities for education, health, food & skill development.

Group of youth organised rally with banners & placards with slogan *"Beti Bachao, Beti Padhao, Desh Ko Khushhal Banao"* and marched in streets and public places.
 More than 500 families actively participated in the campaign and assured they will educate their daughters. Campaign ended with questions and answers session on how to enroll their children in the Government Schools and Vocational Training Centre.

HAPPY HOLI!




Some Glimpses of Holi Celebrations
at
Swagat Kendra, Kapashera,
South West District, Delhi




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